



St. Columba's College, Stranorlar, Co. Donegal.

Phone: (074) 9131246

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18th September 2025

RE: St. Columba's College Baking Club

Dear Parent/Guardian,

This year there will be a baking club running on Wednesday afternoons from 1:45 to 3:15. Our baking club offers a unique and enriching experience that can have numerous benefits for your child:

- **Developing Life Skills:** Baking is a valuable life skill that goes beyond just preparing delicious treats. Your child will learn how to follow recipes, measure ingredients accurately, manage time effectively, and practice patience and precision – skills that will serve them well in various aspects of life.
- **Creativity and Expression:** Baking is an art form, and it allows teenagers to express themselves creatively through flavours, designs, and presentations. This can boost self-esteem and help discover hidden talents.
- **Teamwork and Social Skills:** Being part of a baking club promotes teamwork as participants collaborate on projects and share responsibilities. It also offers a wonderful opportunity for your child to socialise, make new friends, and strengthen their communication and interpersonal skills.
- **Boosting Confidence:** Achieving success in baking, whether it's mastering a challenging recipe or receiving praise for their creations, can significantly boost your child's confidence and self-esteem. This newfound confidence can positively impact their academic and personal lives.
- **Stress Relief:** Baking is a therapeutic activity that can help teenagers cope with stress and anxiety. The act of measuring, mixing, and creating can be calming, providing a healthy outlet for their emotions.
- **Community and Giving Back:** We hope to organise charity bake sales and events, allowing your child to make a positive impact on the lives of others.

The multiple blocks of 3 weeks will run throughout the academic year. The dates of the first block are as follows; October 1st, 8th and 15th. There will be a cost of €7.50 per 3-week block associated with this club to supply ingredients. All are welcome. However, for safety reasons baking club numbers for each block will be capped. Therefore, places will be given on a first come first serve basis. Students must return the permission slip along with the €7.50 to obtain a place. Depending on demand, a waiting list may be created.

If you are happy for your son/daughter to participate in baking club this year, please complete the slip attached and have it returned, along with the €7.50, to Ms Deeny by Friday the 26th of September.

Yours sincerely,

Tom Rowan
Principal

Principal: Mr. Tom Rowan

Deputy Principals: Mr. John Sweeney, Ms. Georgina White, Ms. Amanda Timony

-----PLEASE RETURN TO MS DEENEY -----

Baking Club Consent – Please return by Friday 26th of September 2025

I give permission for my son/daughter to participate in the baking club after school and enclose €7.50.

Student _____

Parent/Guardian _____

Class _____

Contact number _____

Signature _____

Signature _____

Principal: Mr. Tom Rowan

Deputy Principals: Mr. John Sweeney, Ms. Georgina White, Ms. Amanda Timony